

SEASONED WITH SPIRIT

Photo Captions

SEASONED WITH SPIRIT Photo #1

Renowned Native American Chef and proud woman of the Citizen Potawatomi Nation Loretta Barrett Oden hosts the new PBS cooking, travel and Native American culture series **SEASONED WITH SPIRIT**. Here Loretta travels to a buffalo range on the Cheyenne River Sioux Reservation in South Dakota to learn how they are working to bring the buffalo back to the Great Plains. Photo credit: Allan Moss.

SEASONED WITH SPIRIT Photo #2

On a South Dakota ranch near the Black Hills, Geraldine Goes In Center and **SEASONED WITH SPIRIT** host Loretta Oden make Wasna, a Lakota trail food made from Dried Buffalo Meat, Chokecherries, and Kidney Fat. This traditional food was used to sustain the tribe on hunts and on the trail. Photo credit: Allan Moss.

SEASONED WITH SPIRIT Photo #3

On a Lakota ranch in the Black Hills of South Dakota, host Loretta Oden and Cathy Smith cook Wojapi Pudding, made with cooked down Chokecherries and Honey, Corn Flour Griddle Cakes, and Buffalo Soup. Photo credit: Allan Moss.

SEASONED WITH SPIRIT Photo #4

On the White Earth Reservation in Minnesota, host Loretta Oden and Diane Chilton, an Anishnabe cook, have just prepared a First Rice Harvest Feast with Acorn Squash stuffed with Wild Rice, Buffalo Meat and Cranberries. Photo credit: Allan Moss.